

# REFERRAL FOR PHYSICAL OR OCCUPATIONAL THERAPY



[www.starhoustonphysicaltherapy.com](http://www.starhoustonphysicaltherapy.com)

## COPPERFIELD

8955 Highway 6 North, Suite 190  
Houston, TX 77095  
Phone: (832) 593-8600 Fax: (832) 593-8601

## FULSHEAR

29615 FM 1093, Suite 2  
Fulshear, TX 77441  
Phone: (281) 533-0507 Fax: (281) 533-0521

## BRIDGELAND

21211 FM 529 Road, Unit 102  
Cypress, TX 77433  
Phone: (832) 295-0650 Fax: (832) 295-0651

## CY-FAIR

11242 FM 1960 Rd West, Suite 104  
Houston, TX 77065  
Phone: (281) 469-8163 Fax: (281) 469-5559

## KATY

21707 Kingsland Blvd., Suite 101  
Katy, TX 77450  
Phone: (281) 398-8235 Fax: (281) 398-8246

## CINCO RANCH

2840 Commercial Ctr Blvd Suite 103  
Katy, TX 77494  
Phone: (281) 693-1063 Fax: (281) 693-1081

## FAIRFIELD

15201 Mason Road, Suite 800  
Cypress, TX 77433  
Phone: (713) 609-9224 Fax: (713) 324-7751

## LAKEWOOD

13215 Grant Road, Suite 900  
Cypress, TX 77429  
Phone: (832) 220-9211 Fax: (832) 610-2354

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_ DOB: \_\_\_\_\_

Worker's Compensation  YES  NO Adjuster / Case Manager: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Precautions/Contraindications: \_\_\_\_\_

Frequency: \_\_\_\_\_ Per Week For \_\_\_\_\_ Weeks

**EVALUATE & TREAT**

**CONTINUE THERAPY**

## TREATMENT

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Passive Range of Motion | <input type="checkbox"/> Home Exercise Program | <input type="checkbox"/> Gait Training           | <input type="checkbox"/> Cervical/Lumbar Traction |
| <input type="checkbox"/> Active Assisted ROM     | <input type="checkbox"/> Joint Mobilization    | <input type="checkbox"/> Proprioceptive Training | <input type="checkbox"/> Other: _____             |
| <input type="checkbox"/> Active Range of Motion  | <input type="checkbox"/> Myofascial Release    | <input type="checkbox"/> Postural Re-Education   |   |
| <input type="checkbox"/> Strengthening           | <input type="checkbox"/> Functional Training   | <input type="checkbox"/> Body Mechanics Training | _____   |

## SPECIALTY PROGRAMS

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Back School    | <input type="checkbox"/> Home Traction Unit       | <input type="checkbox"/> Cancer Related Fatigue    |
| <input type="checkbox"/> Pre-Op Program | <input type="checkbox"/> Custom Splints (Cy-Fair) | <input type="checkbox"/> Balance & Fall Prevention |
| <input type="checkbox"/> Home TENS Unit | <input type="checkbox"/> Fall Prevention          | <input type="checkbox"/> Work Conditioning         |

## MODALITIES

- Per Therapist Discretion  Other \_\_\_\_\_

## GOALS

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Increase ROM      | <input type="checkbox"/> Improve Function  | <input type="checkbox"/> Decrease Pain  | <input type="checkbox"/> Functional Training    |
| <input type="checkbox"/> Increase Strength | <input type="checkbox"/> Increase Mobility | <input type="checkbox"/> Decrease Edema | <input type="checkbox"/> Increase Understanding |

## ADDITIONAL COMMENTS \_\_\_\_\_

*I certify the above services are required by this patient on an outpatient basis*

Physician Name: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_ NPI \_\_\_\_\_

**DO NOT EMAIL PRESCRIPTION** The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.

# STAR

THERAPY SERVICES

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 **Certified Hand Therapy**

**Star Therapy Services** is a group of progressive outpatient physical therapy clinics that offer a multitude of rehabilitative options to the physicians in our medical community. We specialize in land based treatment interventions for the general orthopedic, geriatric, post-operative, and sports medicine patient. Our treatment methods emphasize one-on-one patient provider interaction and focus on therapeutic exercise, neuromuscular re-education, manual therapy, modalities, and patient education.



## JUST A REMINDER

- Please bring this referral slip with you on your first visit.
- Please arrive 15 minutes before your scheduled appointment to complete any necessary paperwork.

## WHAT TO WEAR

- Please bring comfortable clothing and sneakers including T-shirts or tank tops and shorts or sweatpants.
- If are coming for hand therapy please wear short sleeves.

## WHAT TO BRING

### (Insurance Forms)

- Referral slip from your doctor.
- PPO/HMO information.
- For worker's comp claim, bring employer information number.